

Cancer

Support Groups

ROSEBURG - AFTERNOON MEETINGS:

1st & 3rd Wednesday - Monthly
1:00 - 2:30 pm
Community Cancer Center

ELKTON - AFTERNOON MEETING:

2nd Wednesday - Monthly
1:00 - 2:30 pm
Elkton Bible Baptist Church

ROSEBURG EVENING MEETING:

3rd Thursday - Monthly
5:00 - 6:30 pm
Community Cancer Center



The Community Cancer Center offers a FREE support group for cancer survivors, co-survivors or patients in treatment. Our cancer support group is open to individuals touched by any type of cancer. Our groups are formed to give patients, survivors and caregivers the support and strength to move forward together, rather than on your own.

Being in a support group can also help you develop new skills to relate to others. In addition, the members of the group who have the same problems can support each other and may suggest new ways of dealing with a particular problem.

We understand that joining a support group for the first time, you may be uncomfortable when it comes time to discuss problems. Everything that takes place in a group setting is confidential and never shared outside the group.

"It's about focusing on the fight and not the fright."

- Robin Roberts

WE CAN HELP

Support Groups offer the following:

- Emotional Support
- Reduce Stress
- Finding Joy
- Reduce Feelings of Helplessness
- Provide a Sense of Control
- Better Manage Emotions
- Improve quality of Life
- Provides Coping Skills



Community Cancer Center

Advanced Oncology – Compassionate Care

For more information contact:
Angelia Freeman, Outreach Ed. | Program Mgr.
at 541-673-2267 ext. 5104